

The

shaw trust

Disability Power 100



# Cristina Serrao



Cristina works as a **Lived Experience Ambassador** for the NHS.

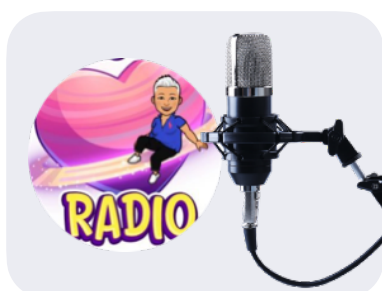
A **Lived Experience Ambassador** is someone who has lived with health issues, and uses their experience to help change services.



Cristina uses her role to help the NHS involve health service users in the planning and improving of services.



Cristina cares a lot about making sure everyone in the UK has the same access to health services.



Cristina also has her own radio station called Lemonade Radio, where she talks about lots of important issues.

## Find Cristina Serrao



Website:

[www.thebigconversation.nhs.uk](http://www.thebigconversation.nhs.uk)



Twitter:

[www.twitter.com/acerrao76](https://www.twitter.com/acerrao76)



Instagram:

[www.instagram.com/acerrao76/](https://www.instagram.com/acerrao76/)



LinkedIn:

[www.linkedin.com/in/cristina-serrao](https://www.linkedin.com/in/cristina-serrao)

## Find Lemonade Radio



Website:

[www.lemonade.radio](http://www.lemonade.radio)



Twitter:

[www.twitter.com/LemonadeRadioUK](https://www.twitter.com/LemonadeRadioUK)



Instagram:

[www.instagram.com/lemonaderadioltd/](https://www.instagram.com/lemonaderadioltd/)

