

The

shaw trust

Disability Power 100



Sophia Warner BEM



Sophia is a successful athlete who started running for Great Britain in 1998.

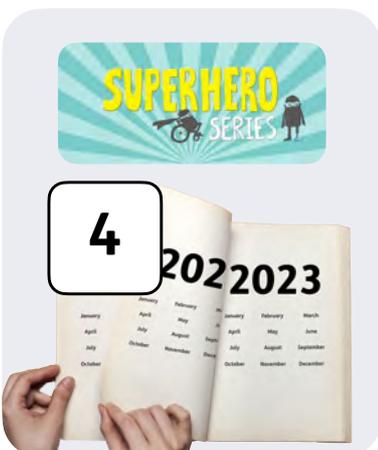


She has won gold medals in running and went to the **Paralympics** in 2012.

The **Paralympics** is a competition of lots of different sports for disabled sports players.



Sophia now works to help other disabled people take part in and enjoy sport.



To help get disabled people involved in sport she started the **Superhero Series**.

The **Superhero Series** is 4 sports events that happen every year that lots of disabled people can take part in.



The Superhero Series is all about having fun and being able to play sport without worrying you will not be able to join in.



Website:

www.superheroseries.co.uk



Twitter:

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