

The

shaw trust

Disability Power 100



# Kadeena Cox



Kadeena had a stroke and was told she had **Multiple Sclerosis**.

**Multiple Sclerosis** is a condition that can affect your brain and spine, causing problems such as not being able to move around properly.



Kadeena did not let this stop her from becoming an athlete like she always wanted.



Kadeena has run and cycled for Great Britain, winning lots of gold medals and beating world records.



Kadeena has also set up the KC Academy, which provides more opportunities in cycling for black and Asian people and ethnic minorities.



Kadeena has become a role model for lots of people and she wants people to live their life no matter what their background is.



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