

The

shaw trust

Disability Power 100



Helen Cooke



Helen thinks it is important that having a disability or health condition does not stop people from having the job they would like.



*My*PLUS+

The logo for MyPLUS+ is displayed in a green rounded square. The word 'My' is in a cursive font, and 'PLUS+' is in a bold, sans-serif font.

So she set up MyPlus - a business which helps organisations understand how hiring disabled people can be a good thing.



Helen has also set up a website called My Plus Students Club which gives young disabled students:



- Support and advice to find job opportunities.



- Information about employers.



Outside of her job Helen works to support disabled people, especially people with back injuries like herself.



She does this through an organisation called Back Up Trust.



Websites:

www.myplusconsulting.com

www.myplusstudentsclub.com



Twitter:

www.twitter.com/myplusvoice



Instagram:

www.instagram.com/myplusstudents/



LinkedIn:

www.linkedin.com/company/my-plus/?originalSubdomain=uk

www.linkedin.com/showcase/myplus-students'-club/

