



## Marrianne Rooprai

Marrianne Rooprai had an accident that left her **paralysed** from the shoulders down.

**Paralysed** is when a person's body is unable to move.



Marrianne overcame this to live a great and fun life. She wants to help others do the same.



Rooprai  
Spinal  
Trust



To help others, Marrianne has:

- set up the Rooprai Spinal Trust - an organisation which helps other paralysed people get support
- made videos to help other paralysed people
- been involved in new technology for paralysed people.





Website: [www.rstrust.com](http://www.rstrust.com)



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