



James Sutliff



James Sutliff has a disability which means he can't speak or use his hands in the same way as other people.



James is a disability coach who helps and supports other people with disabilities.

He does this through The Matt Hampson Foundation.



James also has his own disability coaching business.



Through this work James has:

- been published in a magazine
- had interviews
- won awards
- spoken at large organisations.



James would like to continue to share his story and help others.



Website: www.jamesstutliff.co.uk



Twitter: www.twitter.com/JSutliffFitness



Facebook: www.facebook.com/JamesSutliff.PT



Instagram: www.instagram.com/James_sutliff



LinkedIn: www.linkedin.com/in/james-sutliff-279374104/



YouTube: www.youtube.com/channel/UCjHdfbdzaP6fpYzrWi2ovIg



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