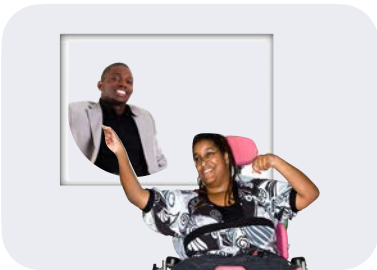




## Helen Cooke



Helen has been using a wheelchair since an injury to her spine when she was a child.



Helen helps businesses choose people for a job.



In 2006 she set up **MyPlus**.

**MyPlus** helps organisations understand the benefits of choosing disabled people for a job.



Helen runs events to help businesses understand more about disabled people.



In 2019 she set up MyPlus Recruiter's Club to help disabled students get a job after they leave university.



Helen has been a Commissioner of the Disability Commission that was set up by the Centre for Social Justice.



She also works with the Back Up Trust which helps people with injuries to their spine.



Websites:

- [www.myplusconsulting.com](http://www.myplusconsulting.com)
- [www.myplusstudentsclub.com](http://www.myplusstudentsclub.com)



Twitter:

[www.twitter.com/myplusvoice](https://www.twitter.com/myplusvoice)



LinkedIn:

[www.linkedin.com/company/my-plus](http://www.linkedin.com/company/my-plus)

